

## **Volunteer Opportunities at Normandale Center for Healing and Wholeness**

### **Normandale Center for Healing & Wholeness**

6100 Normandale Road

Edina, MN 55436

Contact phone: 952-929-1697

Ask for Deborah Paone, Director, or Shirley Pope, Volunteer Coordinator.

**Description:** This is a non-profit, faith-based organization that serves seniors and their family caregivers to help them stay independent in the community, and assist them in their transitions in health and life.

**Driving Pool** – provide rides for elderly persons to doctor and other appointments. Participate as available.

Call Shirley Pope, Coordinator, at 952-929-1697, ext. 31.

**Care Team Ministry** – join up with another person or two to form a “team” of volunteers around the needs of one senior. Provide non-medical help/support to an elderly person & their caregiver including friendly visits, errands, shopping, transportation and respite relief. Usually once or twice a month.

Call Shirley Pope, Coordinator at 952-929-1697, ext. 31.

**Education Seminars on Health Topics/Prevention** – seeking nursing, therapy or other medical professionals to conduct informational seminars on specific areas of expertise.

Contact Meredith Holm, Parish Nurse at 952-929-1697, ext. 46

**Care Team Ministry at The Colony** – participate on a Care Team serving senior residents of The Colony, a senior community in Eden Prairie, for 2 hours per week/month on Mondays, Wednesdays or weekends.

Call Shirley Pope, Coordinator, at 952-919-1697, ext. 31.